



Age Care Association



Farmacias (Chemists)

A farmacia will provide prescribed medicines to pensioners registered with the Spanish National Health Service INSALUD (Instituto Nacional de Salud), and the SAS (Servicio Andaluz de Salud) will pay 40% of the cost. Most farmacias are very helpful in suggesting medicines for common or uncomplicated ailments. Most have facilities to test blood pressure and in some farmacias it is possible to have blood tests, tests for cholesterol etc. If you have been prescribed medicines by a doctor and are unsure about dosage or what the drug contains, or any after-effects, do ask your pharmacist who will willingly give appropriate guidance. A number of farmacias also sell or rent equipment such as wheelchairs, Zimmer frames and walking sticks.

Some Spanish pharmacists speak adequate English so there should be few problems about asking for advice. However, if you live inland or in a small village few of the employees in a farmacia will speak English.